

FUN



TRIATHLON

SATURDAY 13TH JUNE 2009 @ 7PM

**300M SWIM (KENMARE PIER) 8KM CYCLE (ROUGHY LOOP)
5KM RUN (TUBRID)**

**ENTRY FORMS AT WWW.KENMARETRI.COM
OR FROM JAM IN KENMARE, KILLARNEY OR TRALEE**

FUN EVENT - BEGINNERS WELCOME

ALL PROCEEDS WILL BE DONATED TO CALCUTTA CHARITY - THE BRIDGE FOUNDATION